

A very warm welcome to The Mill Café.

We are proud to be cooking and baking every day, sourcing Cornish food and using local producers as far as possible – see our supplier information above the till.

Please note your table number and order at the counter - we will serve food to your table.

Do advise us of any dietary questions or special requests before ordering. We aim to have at least one gluten-free cake and gluten-free bread available.

See board for any daily specials.

We can provide food and drinks to take away – just ask for details.

If you are pleased with your visit, do tell your friends or leave a Trip Advisor review, but if you're unhappy with any part of your experience, please do speak to our Café Manager and we'll make every effort to rectify your concerns.

Enjoy the freshly ground amongst the freshly grown

Thank you

Open every day 10am - 4pm (lunches served until 3pm)









Morning Menu (available until 11.30am)

Two slices of Toast (Baker Tom bread) with butter and marmalade	£2.50
Bacon Roll 3 rashers bacon in a Baker Tom roll	£4.00
Fried Egg Roll 2 fried eggs in a Baker Tom roll (v)	£3.50
Bacon & Egg Roll 2 rashers bacon and a fried egg in a Baker Tom roll	£4.50
Pastry & Cakes	
Baker Tom Pain au chocolat/Pain aux raisin/Croissant	£2.25
Baker Tom Croissant with 2 Trewithen butter pats and jam	£2.50
Toasted Tea-cake with 2 Trewithen butter pats	£2.75
Slice of home-made cake (gluten-free available)	£2.95
Scones	
Plain scone with 2 Trewithen butter pats	£2.50
Fruit scone with 2 Trewithen butter pats	£2.75
Cheese scone with 2 Trewithen butter pats	£3.00
Cheese Scone Plate Asavoury scone served with 2 Trewithen butter pats, salad, pickle, Cheddar cheese and coleslaw (v)	£6.50
Choice of plain or fruit scone with Boddington's Cornish strawberry jam and Trewithen butter	£3.00
Choice of plain or fruit scone with Boddington's Cornish strawberry jam and Rodda's clotted cream	£3.70
Two home-made sweet scones with Boddington's Cornish strawberry jam and Rodda's clotted cream	£6.00

Gluten-free cake & bread available.
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Lunches (served all day until 3pm)

Sandwiches	£7.00
 Baker Tom bread plus dressed side salad, crisps and coleslaw Cornish brie and cranberry (v) Home-roasted ham and Cheddar cheese Roasted vegetables and cheese (v) Tuna and mayonnaise Egg mayo (v) Cheese & Tomato (v) 	Add any xtra filling for 50p
Paninis & Toasties All as above, but toasted Available just on its own	£7.90 £4.50
Soup of the Day Always home-made, served with a choice of Baker Tom roll and Trewithen butter - please see Specials Board	£6.00
Quiche of the Day Home-made quiche served warm with dressed salad and coleslar	£7.25
Hommity Pie A home-made favourite! A pastry base topped with a potato, onion & cheese filling served with a dressed salad and coleslaw (v	£7.75

£7.25

Served warm with a dressed salad & coleslaw

- Ham and Cheddar cheese
- Cheddar cheese and tomato (v)

Filled Baker Tom croissant

• Roasted vegetables and cheese (v)

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Ploughman's Lunch

Cheese Ploughman's Cornish brie and Cheddar cheese served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom roll (v	£8.95
Ham Ploughman's Home-roasted ham served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom roll	£8.95
Mixed Ploughman's Home-roasted ham, Cornish brie and Cheddar cheese served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom Roll Children's Menu	£9.75
Half a Panini or half round of Sandwiches	£3.50
Children's Lunch Box Meal 1/2 half round of sandwiches, sliced cucumber, grapes and crisps, glass of milk or juice	£4.50
1/2 half round of sandwiches, sliced cucumber, grapes and crisps,	£4.50 £2.50
1/2 half round of sandwiches, sliced cucumber, grapes and crisps, glass of milk or juice Mini Soup of the day	
1/2 half round of sandwiches, sliced cucumber, grapes and crisps, glass of milk or juice Mini Soup of the day Served with Baker Tom roll & Trewithen butter - see Specials Board	£2.50

High chairs available, please ask a member of staff.
Gluten-free cake & bread available.
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Hot Drinks

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Cappuccino Smooth espresso and velvety frothed milk	Small £2.40 Regular £2.90
Latte Italian milky coffee with a dash of foam	Small £2.40
	Regular £2.90
Americano Smooth aromatic black coffee served solo	Small £2.10
or with hot or cold milk	Regular £2.60
Flat White A short double shot of rich espresso served	Small £2.60
with velvety-smooth milk	
Espresso Traditional short black coffee	£1.95
Doppio Espresso A double shot	£2.85
Caffe Mocha Rich chocolate, steamed milk and espresso	£3.95
Macchiato Espresso topped with dash of milk foam	£2.10
Decaffeinated available for all of the above	
Hot Chocolate English-style, milky	Regular £2.95
with cream and marshmallows	£3.95
Italian-style, thick and rich	Small £2.75
Shot of syrup please see our selection	Extra 60p
Pot of Tea for one Standard or speciality	£2.25
Pot of Tea for two Standard or speciality	£3.00
Mug of Tea	£1.50
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Cold Drinks

Cans Coke Diet Coke Rio	£1.50
Belvoir Presses	£2.50
Elderflower	
• Lemonade	
Ginger Beer	
Rhubarb & Apple	
Raspberry & Lemonade	
Cornish Just Water	£1.20
Still or Sparkling	
Carton of Juice	95p
Apple or Orange	
Cornish Apple Juice	£2.50

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