

A very warm welcome to The Mill Café.

We are proud to be cooking and baking every day, sourcing Cornish food and using local producers, as far as possible.

A server will come and take your order and then your meal will be brought to your table. Payment will be made at the table to your server, preferably using contactless payment.

Please advise us of any allergy/dietary questions or requests before ordering.

We aim to have at least one gluten-free cake and one vegan cake, as well as gluten-free bread available.

Please see board for any daily specials.

We can provide food and drinks to take away just ask for details.

If you are pleased with your visit, do tell your friends or leave a Trip Advisor review, but if you are unhappy with any part of your experience, please do ask to speak to our Café Manager and we'll make every effort to rectify your concerns.

Thank you

Open every day 10am - 4pm (lunches served until 3pm)













Morning Menu (available until 11.30am)

Two slices of Toast (Baker Tom bread) with butter and marmalade	£3.75
Bacon Roll 3 rashers of Kittow's bacon in a Baker Tom roll	£4.95
Fried Egg Roll 2 free-range Rosedown fried eggs in a Baker Tom roll (v)	£4.50
Bacon & Egg Roll 2 rashers of Kittow's bacon and a free-range Rosedown fried egg in a Baker Tom Roll	£5.95
Pastry & Cakes	
Baker Tom Pain au chocolat/Pain aux raisin/Croissant	£3.25
Baker Tom Croissant with 2 Trewithen butter pats and jam	£3.75
Toasted Tea-cake with 2 Trewithen butter pats	£3.75
Slice of home-made cake (gluten-free and vegan also available)	£3.75
Scones (v)	
Plain scone with 2 Trewithen butter pats	£3.50
Fruit scone with 2 Trewithen butter pats	£3.75
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Cheese scone with 2 Trewithen butter pats	£3.95
	£3.95
Cheese scone with 2 Trewithen butter pats Choice of plain or fruit scone with Boddington's Cornish £3.95/strawberry jam and Trewithen butter Choice of plain or fruit scone with Boddington's Cornish £4.25/	£3.95 /£4.25
Choice of plain or fruit scone with Boddington's Cornish £3.95/strawberry jam and Trewithen butter Choice of plain or fruit scone with Boddington's Cornish £4.25/strawberry jam and Rodda's clotted cream	£3.95 /£4.25 /£4.50
Cheese scone with 2 Trewithen butter pats Choice of plain or fruit scone with Boddington's Cornish £3.95/strawberry jam and Trewithen butter Choice of plain or fruit scone with Boddington's Cornish £4.25/	£3.95 /£4.25

Gluten-free cake & bread available. Please enquire about our Vegan options



Brunch (served until midday)

Crushed avocado on Baker Tom toast with 2 poached eggs & tomato, chili & lime coriander salsa (v) Swap egg for grilled tomato (ve)	£10.50
Smoked salmon on Baker Tom toast with cream cheese, topped with a fried egg, hollandaise sauce & fresh dill	£10.95
Eggs Benedict Toasted muffin with Kittow's bacon, topped with 2 poached eggs & hollandaise sauce	£10.50
Grilled tomatoes on Baker Tom toast with scrambled eggs, topped with Davidstow cheese (v)	£9.95

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Lunches (served all day until 3pm)

Sandwiches	£9.50
Baker Tom bread plus dressed side salad, crisps and coleslaw	
Brie and cranberry (v)	
Home-roasted ham and Davidstow Cheddar cheese	Add an extra filli
 Roasted vegetables and Davidstow Cheddar cheese (v) 	for 85
Tuna and mayonnaise	
Chicken and bacon	
• Egg mayo (v)	
Davidstow Cheese & tomato (v)	07.50
Available with crisps only	£7.50
Paninis & Toasties All as above, but toasted	£9.95
Available with crisps only	£7.95
Soup of the Day (v)	£7.50
Always home-made, served with a choice of Baker Tom roll ar	nd
Trewithen butter - please see Specials Board	
Quiche of the Day	•••••••••••••••••••••••••••••••••••••••
Home-made quiche served warm with dressed salad and cole	eslaw
• Bacon	£9.75
• Vegetable (v)	£9.50
Available on its own	£6.75 / £6.50
Hommity Pie	£10.75
A home-made favourite! A pastry base topped with a potato,	
onion $\&$ cheese filling served with a dressed salad and colesla	w (v)
Available on its own	£7.50
Jacket Potatoes	£10.25
Served with a dressed side salad and coleslaw. Fillings same	
as Sandwiches (above), plus Cheese & Baked Beans	

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Filled Baker Tom croissant Served warm with a dressed salad & coleslaw • Ham and Davidstow Cheddar cheese • Davidstow Cheddar cheese and tomato (v) • Roasted vegetables and cheese (v)	£9.50
Available with crisps only	£7.50
Helluva Pasty A medium steak pasty served with a dressed side salad and coleslaw Available on its own	£9.95 £6.95
Ploughman's Lunch	
Cheese Ploughman's Brie and Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom roll (£12.50
Ham Ploughman's Home-roasted ham served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom roll	£12.75
Mixed Ploughman's Home-roasted ham, brie and Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onion, chutney, apple, grapes and a Baker Tom Roll	£13.00
Cheese Scone Plate A savoury scone served with 2 Trewithen butter pats, salad, pickle,	£10.25

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Davidstow Cheddar cheese and coleslaw (v)





Speciality Teas: +25p Earl Grey, Green Tea, Red Berry, Lemongrass & Ginger, Mint, Rooibos

Hot Drinks

Cappuccino Smooth espresso and velvety frothed milk		all £3.25 lar £3.55
Latte Italian milky coffee with a dash of foam		all £3.25 lar £3.55
Americano Smooth aromatic black coffee served solo or with hot or cold milk		all £2.95 lar £3.25
Flat White A short double shot of rich espresso served with velvety-smooth milk	Sm	all £3.25
Espresso Traditional short black coffee		£2.50
Doppio Espresso A double shot		£2.75
Caffe Mocha Rich chocolate, steamed milk and espresso		£4.25
Macchiato Espresso topped with dash of milk foam	••••••	£2.95
Decaffeinated available for all of the above		
Alternative milks or cream available	Е	xtra 30p
Hot Chocolate English-style, milky	_	lar £3.50
with cream and marshmallows		50/£3.50
Italian-style, thick and rich	Sm	all £3.35
Shot of syrup please see our selection	E	xtra 75p
Pot of Tea for one Standard or speciality (see above, extr	a 25p)	£2.80
Pot of Tea for two Standard or speciality (see above, extr	a 25p)	£3.30

We are proud to use Rodda's milk for all our hot drinks



Children's Menu (11 years and under)

Children's Lunch Box Meal ½ round of sandwiches, sliced cucumber, grapes, apple and crisps,	£7.50
glass of milk or juice As above, but toasted	£7.95
Mini Soup of the day Served with Baker Tom roll & Trewithen butter - see Specials Board	£4.50
Baby Chino (warm frothy milk)	£2.25
Carton of Orange or Apple Juice	£1.50
Glass of Milk	£1.50
Small Hot Chocolate With cream & marshmallows	£2.75 £3.50
Cold Drinks	
Cans Coke Diet Coke Rio	£2.00
CokeDiet Coke	£2.00
 Coke Diet Coke Rio Cornish Orchards Elderflower • Sicilian Lemonade • Apple & Rhubarb 	
 Coke Diet Coke Rio Cornish Orchards Elderflower • Sicilian Lemonade • Apple & Rhubarb English Apple • Cranberry & Raspberry Sparkle Luscombe 	£2.95

High chairs available, please ask a member of staff.



Summer Drinks Menu

Passion Fruit Sorbet with Orange Juice

Elderflower Iced Tea	£3.50
Elderflower Iced Tea Syrup over ice, topped with still water	
Iced Mocha	£4.20
Double espresso over chocolate syrup & ice, topped with milk and crea	m
Iced Coffee	£3.95
Double espresso over iced milk, topped with cream	
Milkshakes	£4.20
Choice of Strawberry, Chocolate or Vanilla, topped with	
whipped cream & marshmallows	
Deluxe Milkshakes	£5.50
 Mint choc chip milkshake, topped with whipped cream, 	
marshmallows, mint syrup and a mint chocolate crisp	
Chocolate and hazelnut milkshake topped with whipped cream,	
marshmallows, Nutella and a Kinder Bueno	
Unicorn milkshake strawberry milkshake topped with whipped cr	eam,
marshmallows, fizzy sweets and unicorn glitter syrup	
Exotic Cooler	£3.95

We are proud to use Rodda's milk for all our milk drinks