

A very warm welcome to The Mill Café.

We are proud to be cooking and baking every day, sourcing Cornish food and using local producers, as far as possible.

A server will come and take your order and then your meal will be brought to your table. Payment will be made at the table to your server, preferably using contactless payment.

#### Please advise us of any allergy/dietary questions or requests before ordering.

We aim to have at least one gluten-free cake and one vegan cake, as well as gluten-free bread available.

Please see board for any daily specials.

We can provide food and drinks to take away just ask for details.

If you are pleased with your visit, do tell your friends or leave a Trip Advisor review, but if you are unhappy with any part of your experience, please do ask to speak to our Café Manager and we'll make every effort to rectify your concerns.

# Thank you

Open every day 10am - 4pm (lunches served until 3pm)













### Morning Menu (available until 11.30am)

Two slices of Toast (Baker Tom bread) with butter & marmalade	£3.95
Bacon Roll 3 rashers of Kittow's bacon in a Baker Tom roll	£5.20
Fried Egg Roll 2 free-range Rosedown fried eggs in a Baker Tom roll (v)	£4.75
Bacon & Egg Roll 2 rashers of Kittow's bacon & a free-range	
Rosedown fried egg in a Baker Tom Roll	£6.20
Brunch (served until midday)	
Crushed avocado on Baker Tom toast with 2 poached eggs & tomato, chili & lime coriander salsa (v) Swap egg for grilled tomato (ve)	£10.95
Smoked salmon on Baker Tom toast with cream cheese, topped with a fried egg, hollandaise sauce & fresh dill	£11.25
Eggs Benedict Toasted muffin with Kittow's bacon, topped with 2 poached eggs & hollandaise sauce	£10.95
Grilled tomatoes on Baker Tom toast with scrambled eggs, topped with Davidstow cheese (v)	£10.25
Welsh Rarebit Toasted Baker Tom Rosemary & Seasalt Focaccia, topped with a	£12.50

Gluten-free cake & bread available. Please enquire about our Vegan options

tasty Davidstow Cheddar Cheese sauce, served with salad & balsamic

dressing, roasted tomatoes & red onion marmalade



# Pastries, Cakes, Pancakes

Baker Tom Pain au chocolat/Pain aux raisins	£3.75
Baker Tom Croissant plain or with 2 Trewithen butter pats & jam	£3.55/£3.95
Toasted Tea-cake with 2 Trewithen butter pats	£3.95
Slice of home-made cake (gluten-free & vegan also availab	ele) £3.95
<ul> <li>Pancakes 3 American-style pancakes, served with</li> <li>Kittow's bacon, with maple syrup or</li> <li>Blueberry &amp; bananas with maple syrup</li> </ul>	£8.50
Scones (v)	
Plain scone with 2 Trewithen butter pats	£3.75
Fruit scone with 2 Trewithen butter pats	£3.95
Cheese scone with 2 Trewithen butter pats	£4.20
Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Trewithen butter	£4.15/£4.40
Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Rodda's clotted cream	£4.50/£4.75
Two home-made plain scones with Boddington's Cornish strawberry jam & Rodda's clotted cream	£7.95
As above but 1 sweet & 1 fruit scone	£8.15

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### **Lunches** (served all day until 3pm)

Sandwiches	£9.75
Baker Tom bread plus dressed side salad, crisps & coleslaw	
Brie & cranberry (v)	
<ul> <li>Home-roasted ham &amp; Davidstow Cheddar cheese</li> </ul>	Add ar extra fill
<ul> <li>Roasted vegetables &amp; Davidstow Cheddar cheese (v)</li> </ul>	for 95
• Tuna & mayonnaise	
• Chicken & bacon	
• Egg mayo (v)	
Davidstow Cheese & tomato (v)	COOC
Available with crisps only	£7.75
Paninis & Toasties All as above, but toasted	£10.25
Available with crisps only	£8.25
Soup of the Day (v)	£7.80
Always home-made, served with a choice of Baker Tom roll $\&$	
Trewithen butter - please see Specials Board	
Quiche of the Day	
$Home-made\ quiche\ served\ warm\ with\ dressed\ salad\ \delta\ coleslad$	WE
• Bacon	£10.00
• Vegetable (v)	£9.75
Available on its own	£7.00 / £6.75
Hommity Pie	£11.00
A home-made favourite! A pastry base topped with a potato,	
onion $\&$ cheese filling served with a dressed salad $\&$ coleslaw (	v)
Available on its own	£7.75
Jacket Potatoes	£10.50
Served with Trewithen butter, a dressed side salad & coleslaw	
Fillings same as Sandwiches (above), plus Cheese & Baked Be	ans

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Filled Baker Tom croissant	£9.75
Served warm with a dressed salad & coleslaw	
Ham & Davidstow Cheddar cheese	
Davidstow Cheddar cheese & tomato (v)	
Roasted vegetables & cheese (v)	0555
Available with crisps only	£7.75
Helluva Pasty	•••••••••••••••••••••••••••••••••••••••
A medium steak pasty served with a dressed side salad & coleslaw Available on its own	£10.00 £7.00
Ploughman's Lunch	
Cheese Ploughman's	£13.00
Brie & Davidstow Cheddar cheese served with a dressed salad,	
coleslaw, pickled onions, chutney, half an apple, grapes & a	
Baker Tom roll with Trewithen butter (v)	
Ham Ploughman's	£13.25
Home-roasted ham served with a dressed salad, coleslaw,	
pickled onions, chutney, half an apple, grapes & a Baker Tom roll with Trewithen butter	
Mixed Ploughman's	£13.50
Home-roasted ham, brie & Davidstow Cheddar cheese served with	
a dressed salad, coleslaw, pickled onions, chutney, half an apple,	
grapes & a Baker Tom Roll with Trewithen butter	
Cheese Scone Plate	£10.50
A savoury scone served with 2 Trewithen butter pats, salad, pickle,	
Davidstow Cheddar cheese & coleslaw with Trewithen butter (v)	

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Speciality Teas: +35p Earl Grey, Green Tea, Red Berry, Lemongrass & Ginger, Mint, Rooibos

#### **Hot Drinks**

Cappuccino Smooth espresso & velvety frothed milk		ll £3.55 ir £3.85
Latte Italian milky coffee with a dash of foam		ll £3.55 ir £3.85
Americano Smooth aromatic black coffee served solo or with hot or cold milk		ll £3.20 ir £3.55
<b>Flat White</b> A short double shot of rich espresso served with velvety-smooth milk	Sma	ll £3.55
Espresso Traditional short black coffee		£2.75
Doppio Espresso A double shot		£2.95
Caffe Mocha Rich chocolate, steamed milk & double-shot	espresso	£4.50
Macchiato Double shot espresso topped with a dash of m	ilk foam	£3.00
Decaffeinated available for all of the above Alternative milks or cream available	Ex	tra 50p
Hot Chocolate English-style, milky		ar £3.75 ll £3.00
with cream & marshmallows		5/£3.75
Italian-style, thick & rich	Sma	ll £3.50
Shot of syrup please see our selection	Ex	tra 85p
Pot of Tea for one Standard or speciality (see above, extr	ra 35p)	£2.95
Pot of Tea for two Standard or speciality (see above, extr	ra 35p)	£3.55

We are proud to use Rodda's milk for all our hot drinks



# Children's Menu (11 years & under)

Children's Lunch Box Meal ½ round of sandwiches, sliced cucumber, grapes, apple & crisps, glass of milk or juice	£7.75
As above, but toasted	£8.00
Mini Soup of the day Served with Baker Tom roll & Trewithen butter-see Specials Board	£4.75
Baby Chino (warm frothy milk)	£2.50
Apple or Orange Juice Carton	£1.65
Glass of Milk	£1.65
Small Hot Chocolate With cream & marshmallows	£3.00 £3.75
Cold Drinks	
Cans  • Coke • Diet Coke • Fanta	£2.50
Cornish Orchards  ■ Elderflower ■ Sicilian Lemonade ■ Apple & Rhubarb ■ English Apple	<b>£3.15</b>
Luscombe  ● Ginger Beer, organic ● Raspberry Crush, organic	£3.50
Cornish Just Water Still or Sparkling	£1.60

High chairs available, please ask a member of staff.



#### Summer Drinks Menu

Elderflower Iced Tea	£3.50
Elderflower Iced Tea Syrup over ice, topped with still water	
Iced Mocha	£4.20
Double espresso over chocolate syrup & ice, topped with milk & cream	
Iced Coffee	£3.95
Double espresso over iced milk, topped with cream	
Milkshakes	£4.50
Choice of Strawberry, Chocolate or Vanilla, topped with	
whipped cream & marshmallows	
Deluxe Milkshakes	£5.50
<ul> <li>Mint choc chip milkshake, topped with whipped cream,</li> </ul>	
marshmallows, mint syrup & a mint chocolate crisp	
Chocolate & hazelnut milkshake topped with whipped cream,	
marshmallows, Nutella & a Kinder Bueno	
• Unicorn milkshake strawberry milkshake topped with whipped	
cream, marshmallows, fizzy sweets & unicorn glitter syrup	
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Exotic Cooler	£3.95

We are proud to use Rodda's milk for all our milk drinks