

A very warm welcome to The Mill Café.

We are proud to be cooking and baking every day, sourcing Cornish food and using local producers, as far as possible.

A server will come and take your order and then your meal will be brought to your table. Payment will be made at the table to your server, preferably using contactless payment.

Please advise us of any allergy/dietary questions or requests before ordering.

We aim to have at least one gluten-free cake and one vegan cake, as well as gluten-free bread available.

Please see board for any daily specials.

We can provide food and drinks to take awayjust ask for details.

If you are pleased with your visit, do tell your friends or leave a Trip Advisor review, but if you are unhappy with any part of your experience, please do ask to speak to our Café Manager and we'll make every effort to rectify your concerns.

Enjoy the freshly ground amongst the freshly grown

Thank you

Open every day 10am - 4pm (lunches served until 3pm)





Morning Menu (available until 11.30am)

Two slices of Toast (Baker Tom bread) with butter & marmalade	£3.95
Bacon Roll 3 rashers of Kittow's bacon in a Baker Tom roll	£5.20
Fried Egg Roll 2 free-range Rosedown fried eggs in a Baker Tom roll (v)	£4.75
Bacon & Egg Roll 2 rashers of Kittow's bacon & a free-range Rosedown fried egg in a Baker Tom Roll	£6.20
Brunch (served until midday)	
Crushed avocado on Baker Tom toast with 2 poached eggs & tomato, chili & lime coriander salsa (v) Swap egg for grilled tomato (ve)	£10.95
Smoked salmon on Baker Tom toast with cream cheese, topped with a fried egg, hollandaise sauce & fresh dill	£11.25
Eggs Benedict Toasted muffin with Kittow's bacon, topped with 2 poached eggs & hollandaise sauce	£10.95
Grilled tomatoes on Baker Tom toast with scrambled eggs, topped with Davidstow cheese (v)	£10.25
Welsh Rarebit Toasted Baker Tom Rosemary & Seasalt Focaccia, topped with a tasty Davidstow Cheddar Cheese sauce, served with salad & balsam dressing, roasted tomatoes & red onion marmalade	£12.50 ic

Gluten-free cake & bread available. Please enquire about our Vegan options



Pastries, Cakes, Pancakes

Baker Tom Pain au chocolat/Pain aux raisins	£3.75
Baker Tom Croissant plain or with 2 Trewithen butter pats & jam	£3.55/£3.95
Toasted Tea-cake with 2 Trewithen butter pats	£3.95
Slice of home-made cake (gluten-free & vegan also availa	ble) £3.95
 Pancakes 3 American-style pancakes, served with Kittow's bacon, with maple syrup or Blueberry & bananas with maple syrup 	£8.50
Scones (v)	
Plain scone with 2 Trewithen butter pats	£3.75
Fruit scone with 2 Trewithen butter pats	£3.95
Cheese scone with 2 Trewithen butter pats	£4.20
Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Trewithen butter	£4.15/£4.40
Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Rodda's clotted cream	£4.50/£4.75
Two home-made plain scones with Boddington's Cornis strawberry jam & Rodda's clotted cream	h £7.95
As above but 1 sweet & 1 fruit scone	£8.15

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Lunches (served all day until 3pm)

Sandwiches	£9.75
Baker Tom bread plus dressed side salad, crisps & coleslaw	
 Brie & cranberry (v) 	
 Home-roasted ham & Davidstow Cheddar cheese 	Add ar extra fil
 Roasted vegetables & Davidstow Cheddar cheese (v) 	for 95
 Tuna & mayonnaise 	
Chicken & bacon	
• Egg mayo (v)	
• Davidstow Cheese & tomato (v)	
Available with crisps only	£7.75
Paninis & Toasties All as above, but toasted	£10.25
Available with crisps only	£8.25
Soup of the Day (v)	£7.80
Always home-made, served with a choice of Baker Tom roll &	;
Trewithen butter - please see Specials Board	
Quiche of the Day	·······
Home-made quiche served warm with dressed salad & coles	
• Bacon	£10.00
• Vegetable (v)	£9.75
Available on its own	£7.00 / £6.75
Hommity Pie	£11.00
A home-made favourite! A pastry base topped with a potato,	
onion $\&$ cheese filling served with a dressed salad $\&$ coleslaw	(v)
Available on its own	£7.75
Jacket Potatoes	£10.50
Served with Trewithen butter, a dressed side salad & coleslav	
Fillings same as Sandwiches (above), plus Cheese & Baked Be	eans

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 Filled Baker Tom croissant Served warm with a dressed salad & coleslaw Ham & Davidstow Cheddar cheese Davidstow Cheddar cheese & tomato (v) Roasted vegetables & cheese (v) 	£9.75
Available with crisps only	£7.75
Helluva Pasty A medium steak pasty served with a dressed side salad & coleslaw Available on its own	£10.00 £7.00
Ploughman's Lunch	
Cheese Ploughman's Brie & Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a Baker Tom roll with Trewithen butter (v)	£13.00
Ham Ploughman's Home-roasted ham served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a Baker Tom roll with Trewithen butter	£13.25
Mixed Ploughman's Home-roasted ham, brie & Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a Baker Tom Roll with Trewithen butter	£13.50
Cheese Scone Plate A savoury scone served with 2 Trewithen butter pats, salad, pickle, Davidstow Cheddar cheese & coleslaw with Trewithen butter (v)	£10.50

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Speciality Teas: +35p Earl Grey, Green Tea, Red Berry,

Lemongrass & Ginger, Mint, Rooibos

Hot Drinks

Pot of Tea for one Standard or speciality (see above, extr	£2.95
Shot of syrup please see our selection	Extra 85p
Italian-style, thick & rich	Small £3.50
with cream & marshmallows	£4.75/£3.75
Hot Chocolate English-style, milky	Regular £3.75 Small £3.00
Decaffeinated available for all of the above Alternative milks or cream available	Extra 50p
Macchiato Double shot espresso topped with a dash of ma	ilkfoam £3.00
Caffe Mocha Rich chocolate, steamed milk & double-shot	espresso £4.50
Doppio Espresso A double shot	£2.95
Espresso Traditional short black coffee	£2.75
Flat White A short double shot of rich espresso served with velvety-smooth milk	Small £3.55
Americano Smooth aromatic black coffee served solo or with hot or cold milk	Regular £3.55
Latte Italian milky coffee with a dash of foam	Small £3.85 Small £3.20
	Regular £3.85 Small £3.55
Cappuccino Smooth espresso & velvety frothed milk	Small £3.55

We are proud to use Rodda's milk for all our hot drinks



Children's Menu (11 years & under)

Children's Lunch Box Meal ¹ / ₂ round of sandwiches, sliced cucumber, grapes, apple & crisps,	£7.75
glass of milk or juice	
As above, but toasted	£8.00
Mini Soup of the day	£4.75
Served with Baker Tom roll & Trewithen butter - see Specials Board	
Baby Chino (warm frothy milk)	£2.50
Apple or Orange Juice Carton	£1.65
Glass of Milk	£1.65
Small Hot Chocolate	£3.00
With cream & marshmallows	£3.75
Cold Drinks	
Cold Drinks Cans	£2.50
	£2.50
Cans	£2.50 £3.15
Cans ● Coke ● Diet Coke ● Fanta	£3.15
Cans • Coke • Diet Coke • Fanta Cornish Orchards	£3.15
 Cans Coke ● Diet Coke ● Fanta Cornish Orchards Elderflower ● Sicilian Lemonade ● Apple & Rhubarb ● English App 	£3.15
Cans • Coke • Diet Coke • Fanta Cornish Orchards • Elderflower • Sicilian Lemonade • Apple & Rhubarb • English App Luscombe • Ginger Beer, organic • Raspberry Crush, organic Cornish Just Water	£3.15
Cans • Coke • Diet Coke • Fanta Cornish Orchards • Elderflower • Sicilian Lemonade • Apple & Rhubarb • English App Luscombe • Ginger Beer, organic • Raspberry Crush, organic Cornish Just Water Still or Sparkling	£3.15 ble £3.50 £1.60
Cans • Coke • Diet Coke • Fanta Cornish Orchards • Elderflower • Sicilian Lemonade • Apple & Rhubarb • English App Luscombe • Ginger Beer, organic • Raspberry Crush, organic Cornish Just Water	£3.15

High chairs available, please ask a member of staff.



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Summer Drinks Menu

Elderflower Iced Tea Elderflower Iced Tea Syrup over ice, topped with still water	£3.50
Iced Mocha Double espresso over chocolate syrup & ice, topped with milk & cream	£4.20
Iced Coffee Double espresso over iced milk, topped with cream	£3.95
Milkshakes Choice of Strawberry, Chocolate or Vanilla, topped with whipped cream & marshmallows	£4.50
 Deluxe Milkshakes Mint choc chip milkshake, topped with whipped cream, marshmallows, mint syrup & a mint chocolate crisp Chocolate & hazelnut milkshake topped with whipped cream, marshmallows, Nutella & a Kinder Bueno Unicorn milkshake strawberry milkshake topped with whipped cream, marshmallows, fizzy sweets & unicorn glitter syrup 	£5.50
Exotic Cooler Mango Sorbet with Orange Juice	£3.95

We are proud to use Rodda's milk for all our milk drinks