



THE MILL CAFÉ

AT BODMIN NURSERY

A very warm welcome to The Mill Café.

We are proud to be cooking and baking every day, sourcing Cornish food and using local producers, as far as possible.

A server will come and take your order and then your meal will be brought to your table. Payment can be made at the till.

Please advise us of any allergy/dietary questions or requests before ordering.

We aim to have at least one gluten-free cake and one vegan cake, as well as gluten-free bread available.

Please see board for any daily specials.

The Mill Cafe is licensed – please see our wine/drinks list.

We can provide food and drinks to take away – just ask for details.

If you are pleased with your visit, do tell your friends or leave a Trip Advisor review, but if you are unhappy with any part of your experience, please do ask to speak to our Café Manager and we'll make every effort to rectify your concerns.

Thank you

*Enjoy the
freshly ground
amongst
the freshly
grown*

Open every day 10am – 4pm
(lunches served until 3pm)



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of any allergy/
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ordering

Morning Menu (available until 11.30am)

Two slices of Toast with butter & marmalade or jam	£3.95
Bacon Roll 3 rashers of Kittow's bacon in a roll	£5.50
Fried Egg Roll 2 free-range Rosedown fried eggs in a roll (v)	£4.95
Bacon & Egg Roll 2 rashers of Kittow's bacon & a free-range Rosedown fried egg in a roll	£6.50

Brunch (served until midday)

Eggs Benedict Toasted muffin with Kittow's bacon, topped with 2 poached eggs & hollandaise sauce	£11.75
Eggs Florentine Toasted muffin topped with 2 poached eggs & spinach & hollandaise sauce (v)	£10.75
Crushed avocado on toast With 2 poached eggs & tomato, chilli & lime coriander salsa (v) Swap egg for grilled tomato (ve)	£11.50
Grilled tomatoes on toast with scrambled eggs Topped with Davidstow cheese (v)	£10.75
Smoked salmon on toast with cream cheese Topped with a fried egg, hollandaise sauce & fresh dill	£11.95
Welsh Rarebit Toasted Focaccia, topped with a tasty Davidstow Cheddar Cheese sauce, served with salad & balsamic dressing, roasted tomatoes & red onion marmalade (v)	£12.95

Gluten-free cake & bread available. Please enquire about our Vegan options

Pastries, Cakes, Pancakes

Pain au chocolat/Pain aux raisins	£3.95
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Croissant	£3.55/£3.95
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plain or with 2 Trewithen butter pats & jam

Toasted Tea-cake with 3 Trewithen butter pats	£4.25
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Slice of home-made cake (gluten-free & vegan also available)	£4.25
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Pancakes	£8.95
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3 American-style pancakes, (vegan option available), served with

- Kittow's bacon, with maple syrup
- Blueberry & bananas, with maple syrup
- Chocolate spread & bananas

Scones (v)

Plain scone with 2 Trewithen butter pats	£3.95
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Fruit scone with 2 Trewithen butter pats	£4.10
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Cheese scone with 2 Trewithen butter pats	£4.40
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Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Trewithen butter	£4.35/£4.55
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Choice of plain or fruit scone with Boddington's Cornish strawberry jam & Rodda's clotted cream	£4.75/£5.00
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Two home-made plain scones with Boddington's Cornish strawberry jam & Rodda's clotted cream	£8.25
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As above but 1 sweet & 1 fruit scone	£8.45
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Gluten-free cake & bread available. Please enquire about our Vegan options

Lunches (served all day until 3pm)

Sandwiches

£10.25

Served with a dressed side salad, crisps & coleslaw

- Brie & cranberry (v)
- Home-roasted ham & Davidstow Cheddar cheese
- Roasted vegetables & Davidstow Cheddar cheese (v)
- Tuna & mayonnaise
- Chicken & bacon in mayonnaise
- Egg mayo (v)
- Davidstow Cheese & tomato (v)

Available with crisps only

£8.25

Paninis & Toasties All as above, but toasted

£10.75

Available with crisps only

£8.75

Soup of the Day (v) (vegan option available)

£7.95

Always home-made, served with a choice of roll & Trewithen butter –
please see Specials Board

Quiche of the Day

Home-made quiche served warm with dressed salad & coleslaw

- Bacon £10.50
- Vegetable (v) £10.25

Available on its own

£7.50 / £7.25

Hommit Pie

£11.50

A home-made favourite! A pastry base topped with a potato,
onion & cheese filling served with a dressed salad & coleslaw (v)

Available on its own

£8.25

Jacket Potatoes

£10.95

Served with Trewithen butter, a dressed side salad & coleslaw.

Fillings same as Sandwiches (above), or Cheese & Baked Beans

Gluten-free cake & bread available. Please enquire about our Vegan options

Filled croissant £9.95

Served warm with a dressed salad & coleslaw

- Ham & Davidstow Cheddar cheese
- Davidstow Cheddar cheese & tomato (v)
- Roasted vegetables & cheese (v)

Available with crisps only £8.00

Helluva Pasty

A medium steak pasty served with a dressed side salad & coleslaw £10.25

Available on its own £7.25

Ploughman's Lunch

Mixed Ploughman's £13.95

Home-roasted ham, brie & Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a roll with Trewithen butter

Cheese Ploughman's £13.50

Brie & Davidstow Cheddar cheese served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a roll with Trewithen butter (v)

Ham Ploughman's £13.75

Home-roasted ham served with a dressed salad, coleslaw, pickled onions, chutney, half an apple, grapes & a roll with Trewithen butter

Cheese Scone Plate £10.75

A savoury scone served with 2 Trewithen butter pats, salad, pickle, Davidstow Cheddar cheese & coleslaw with Trewithen butter (v)

Gluten-free cake & bread available. Please enquire about our Vegan options

Children's Menu (11 years & under)

Children's Lunch Box Meal	£7.75
½ round of sandwiches, sliced cucumber, grapes, apple & crisps, glass of milk or juice	
As above, but toasted	£8.00
Mini Soup of the day	£4.95
Served with a roll & Trewithen butter – see Specials Board	
Baby Chino (warm frothy milk)	£2.75
Apple or Orange Juice Carton	£1.75
Glass of Milk	£1.75
Small Hot Chocolate	£3.25
With cream & marshmallows	£3.95

Cold Drinks

Cans	£2.75
● Coke ● Diet Coke ● Coke Zero ● Fanta	
Cornish Orchards (can)	£3.30
● Elderflower ● Sicilian Lemonade ● Apple & Rhubarb ● English Apple	
Luscombe (bottle, organic)	£3.95
● Ginger Beer ● Raspberry Crush ● English Apple	
Cornish Just Water	£1.75
Still or Sparkling	
Juice Carton	£1.75
Apple or Orange Juice Carton	

High chairs available, please ask a member of staff.



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Hot Drinks

Latte Italian milky coffee with a dash of foam	Small £3.95 Regular £4.20
Cappuccino Smooth espresso & velvety frothed milk with chocolate sprinkles	Small £3.95 Regular £4.20
Americano Smooth aromatic black coffee served solo or with hot or cold milk	Small £3.60 Regular £3.95
Flat White A short double shot of rich espresso served with velvety-smooth milk	Small £3.95
Cortado A short double shot espresso served with an equal measure of velvety-smooth milk	£3.85
Espresso Traditional short black coffee	£2.95
Doppio Espresso A double shot	£3.15
Caffe Mocha Rich chocolate, steamed milk & double-shot espresso	£4.85
Macchiato Double shot espresso topped with a dash of milk foam	£3.25
Decaffeinated available for all of the above	
Alternative milks or cream available	Extra 60p

We are proud to use Rodda's milk for all our hot drinks

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Hot Drinks

Chai Latte Spiced Chai served with velvety frothed milk,
topped with sweet cinnamon **£3.95**

Dirty Chai A short double espresso, blended with Spiced Chai,
served with velvety frothed milk, topped with sweet cinnamon **£4.50**

Hot Chocolate English-style, milky **Regular £3.95**
Small £3.25
...with cream & marshmallows **£4.95/£3.95**
Italian-style, thick & rich **Small £3.75**

Shot of syrup please see our selection **Extra 85p**

Pot of Tea for one
Standard or speciality (see below, extra 35p) **£3.25**

Pot of Tea for two
Standard or speciality (see below, extra 35p) **£3.95**

Speciality Teas:

+35p

Earl Grey, Mint,
Green Tea,
Red Berry, Lemon,
Chamomile

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Cold Drinks: Iced & Shakes

Milkshakes

Choice of Strawberry, Chocolate or Vanilla	£4.50
...with whipped cream & marshmallows	£4.75

Deluxe Milkshakes £5.75

- Mint choc chip milkshake, topped with whipped cream, marshmallows, mint syrup & a mint chocolate crisp
- Chocolate & hazelnut milkshake topped with whipped cream, marshmallows, Nutella & a Kinder Bueno
- Unicorn milkshake: strawberry milkshake topped with whipped cream, marshmallows, fizzy sweets & unicorn glitter syrup

Iced Coffee £4.25

Double espresso over iced milk, topped with cream

Iced Mocha £4.50

Double espresso over chocolate syrup & ice, topped with milk & cream

Elderflower Iced Tea £3.75

Elderflower Iced Tea Syrup over ice, topped with still water

Exotic Cooler £4.25

Mango Sorbet with Orange Juice

**We are proud to use Rodda's milk for all our milk drinks &
Treleaven's ice-creams for all our shakes**

Wine List

Sparkling

1 Amori Prosecco Extra Dry, Italy	Single serve	£9.50
Classic Prosecco, fine bubbles, aromatic nose, soft palate with tropical fruit, citrus & lemon sherbet	Bottle	£24.00

White

	175ml	250ml	Bottle
2 Amanti del Vino Pinot Grigio, Veneto, Italy	£5.75	£7.75	£21.50
Delicate floral nose of acacia flowers and lemons. Crisp on the palate with clean and linear citrus fruit			

3 Kingklip Bay Sauvignon Blanc, Western Cape, SA	£25.00
Similar to a Marlborough Sauvignon Blanc, packed with gooseberry, kiwi & citrus flavours with a refreshing finish	

4 Organic Blanco Rioja Bodegas Bagordi, Spain	£30.00
Intense aromas of ripe citrus with floral accents. Fresh & vibrant, with a slight sharpness that adds to its lively character	

	175ml	250ml	Bottle
5 Cuvée de Roy Rosé, Comte Tolosan, France	£5.75	£7.75	£21.50
Refreshing aromas of red berry fruits & pear drops. Soft, round texture with plenty of red berries & good acidity			

Red

	175ml	250ml	Bottle
6 Paparuda Pinot Noir, Timis, Romania	£5.75	£7.75	£21.50
Fragrant & fruity with plenty of ripe red fruits, strawberries & raspberries, fresh & crunchy with hints of spice			

7 Vina Temprana Old Vines Garnacha, Campo de Borja, Spain	£25.00
Absolutely packed full of raspberry, cherry & floral aromas. Fresh & fruity on the palate with super-supple tannins & hints of white pepper	

8 Chants du Closeau Malbec, Languedoc, France	£30.00
Intense blackcurrant & violet aromas combined with spicy liquorice notes best describe this concentrated but velvety red	



Drinks List

Beers & Ciders

Korev Lager 4.8% ABV	£5.50
Refreshing taste with a smooth finish	
Shorebreak Alcohol-free Beer 0.5% ABV	£4.50
Super smooth, hazy, pale, low alcohol alternative	
Cornish Orchards Golden Cider 5.0% ABV	£5.50
Refreshing taste with a balanced sweetness from the finest Cornish apples	
Cornish Orchards Cherry & Blackberry Cider 4.0% ABV	£5.50
A wonderfully balanced, gently sparkling cider	